

Glen Takahashi:

September 2, 1949-December 31, 2008

Married: Pamela Ann Collins

June 21, 1975

Children:

Chelsea Lyn Takahashi and Branden Glen Takahashi

High School:

Monte Vista HS Class of 1967

Four year varsity letterman

Two year letterman baseball

2X CIF Champion (Masters Champion)

Undefeated 1965-1967

Wrestler of the year CIF SDS 1966

Grossmont League Wrestler of the Year 1967

Team Captain 1967

College:

Full Athletic Scholarship to Brigham Young University (1967-1971)

Team Captain 1971

Western Athletic Conference (WAC) 1970

Three Year letterman

BS Degree: Health Science (Major) Physical Education (Minor) Utah Teaching Certificate

Graduate School:

San Diego State University

Masters Degree: Curriculum and Instruction

California Teaching Credential

Administrative Credential

Coaching Career:

33 years Head Wrestling Coach

Grossmont Coach of the Year 9X

CIF Coach of the Year 5X

San Diego Hall of Champions Brietbard Award Male Coach of the Year 1998

California Coaches Association Wrestling Coach of the Year 2000

National Wrestling Hall of Fame: Lifetime Service Award 1999

California Wrestling Hall of Fame Inductions 2006

California USA Wrestling Staff 1987-1999

Career Dual Record: 234-52-2

8 Teams Top 10 Finish California High School State Finals

12 CIF SDS Championships Teams

18 League Championship Teams

State Champions 1985

State Runner up 1991

4th Place State 1983-84-86-87

6th Place State 1996

10th Place State 1990

University of San Diego High School (1972-75) Record: 16-14

El Cajon Valley High School (1975-82) Record: 41-23-1

Valhalla High School (1983-2005) Record: 177-15-1

Individual Wrestlers:

83 CIF Champions

46 Masters Champions

37 State Medalists

7 State Champions

10 All-Americans

1 National Champion